

Individual Highlights

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December Session

Healthcare

On December 7, 2006 the Healthcare Session convened at Shasta Regional Medical Center in the morning and moved to BloodSource North State in the afternoon.

Session Highlights:

- Hospital Administrators from Mercy, Shasta Regional, and Northern California Rehabilitation spoke about what's up and coming from their organizations

- James Desoto, MD-VP of Medical Affairs addressed physician peer review and National Patient Safety Goals
- Fred Grabel, MD and Scott Zittel, DO from Mercy and Shasta Regional spoke about life in the ER, the mental health crisis and the lack of funding for ERs nationally
- Debbie Wiechman spoke about community acquired disease

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Session Sponsors:
Mercy Medical Center Redding
Shasta Regional Medical Center
Northern California Rehabilitation
Medical Home Care
Professionals
MD Imaging
LabCorp

Sponsor Spotlight - Jim Warnemuende

Leadership Redding has been a valuable experience to all our alumni and current students and the experience wouldn't be possible without the tireless work of our volunteers and the generous support of our sponsors.

One such individual that deserves our thanks is Jim Warnemuende, who not only devotes his time, but is also a generous financial contributor to Leadership Redding.

"The biggest mistake people make in communication is they don't listen. It's not that they don't know how to listen, it's that they don't think it's important."

- J. Warnemuende

Jim is a teacher by profession and by passion. For those who know Jim, his willingness and ability to inspire and inform is innate and sincere. Currently he teaches at Chico State where he has been for

six years as a professor of communication studies. Jim believes that "Communication is a skill that can be learned"

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Underwriters

Fidelity National Title Company
Mercy Medical Center
The McConnell Foundation
Shasta Regional Medical Center
Jim & Carolyn Warnemuende
Win River/Redding Rancheria
Pacific West Graphics

Class of 2007



Linda Burkhalter is a Conservation Supervisor for California Conservation Corps. Married 11 years with a 7 year old son – Brian who attends Redding School of the Arts



*Buffy Tanner is the Assistant Director for College OPTIONS. She is very happily married to Dave and has a 12 year old daughter – Lily
Life Quote – A person's actions, intentional or not, can have a profound effect on another person. Assume that everything you do will affect someone and do all you can to make sure that impact will be positive*

Meet the Class of 2007. Every Newsletter will highlight members of the class

Alumni Spotlight – Bob Paget



A graduate of the Class of 2002, Bob Paget is departing from a long-time career in the accounting profession as either a Controller or CFO to focus on his new undertaking – the President of Michaels Business Furnishing. He is turning his hobby of woodworking into a new career.

Married 22 years, Bob and Holly have four children: Connie 17, Curtis 15, Courtney 12, and Connor 10.



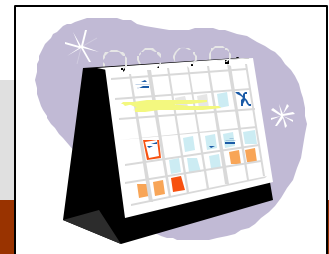
Professionally, LR provided information that helped Bob gain an insight to the mission of various community organizations as well as understanding the goals of our city fathers. Because of this experience, Bob feels that the community should come together as a whole – public, private non-profit, and citizens, and form a group that uses teamwork to develop a common direction for our community. Bob would to see a community that

has a concern for future generations and is beneficial to all citizens as well as welcomed guests

Favorite Life Quote:

The pessimist complains about the wind, the optimist expects the wind to change, the realist adjusts the sails.

Personally, Bob has enjoyed the close friendship that he developed with John Oakes, a father of a schoolmate. Finally he enjoys the continued interaction with former classmates and other LR members.



Mark Your Calendar

March 15, 2007
Riverview Country Club

This year marks the 20th Anniversary of the Leadership Redding Program. Invitations will be going out for this gala event. It is an opportunity to say hello to old friends and meet new friends. Look for more details in upcoming newsletters.

Please update your personal information on the alumni page at <http://www.leadershipredding.com> so that you do not miss out on the fun



Session Facilitators:
 Laura Zumkehr
 Cathi Lathrop-Cummings
 Jodi Pursell-Krueger
 Cindy Buhler
 Eddie McAllister

Healthcare (continued)

- Jeremy Whitaker from Shasta County Public Health spoke about pandemics on both local and national levels

After enjoying the lunch sponsored by MD Imaging, the class heard the following information:

- Ann Cahill started the afternoon off with a discussion of the Cardiovascular Services available at Shasta Regional and about the opening of the Women’s Heart Health clinic in 2007
 - The lead pilot for Shasta Regional’s REACH Air Medical Services, John Mitchell entertained the class with the “business of healthcare”
 - MD Imaging’s Kevin Oliver, RT gave a demonstration of a portable ultrasound and a few of the class members had ultrasounds of their carotid arteries
- The last part of the session explored Alternative Medicine.
 - The first speaker was class member, Dr. Brad Pike, who talked about Chiropractic medicine and demonstrated different techniques
 - Troy Tardiville, a Massage Therapist, spoke about how massage therapy can be used as a means of alternative medicine and overall health
 - Heidi Branlund, Acupuncturist shared the history on the ancient Chinese medicine
 - Nancy Sutton addressed the benefits of Yoga
 - Rounding out the day, Dean German, CEO and Ann Murphy, MD of Shasta Community Health focused on the Community Health Center’s role locally and how the HOPE van brings healthcare to the homeless population
 - Niki Rayl and Christine Hagard facilitated the Think Tank and reflected on the topics of the day

Class Comments

Something Learned:

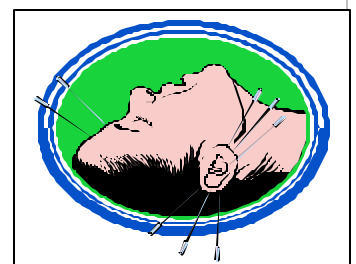
1. During the presentation on community acquired disease, the class learned the importance of proper hand washing.

2. Bottoms of purses and handbags are a germ’s best friend.



A New Experience:

The class really enjoyed watching fellow class member Kimber Rickey during the acupuncture demonstration. Heidi Branlund carefully applied needles to Kimber’s face to demonstrate the usefulness of acupuncture for headaches



Sponsor Spotlight (Continued)

Jim believes in supporting the community in ways that improve quality of life such as supporting the arts or assisting projects financially. Jim and his wife are great supporters of the arts.

"Life is about beauty and music and experiences that ignite the our soul...things that spark the humanity in people"

- J. Warnemuende

Luckily for LR, Jim puts his time and money where his heart is. He is dedicated to "enlighten(ing) people to the human needs in Shasta County." On behalf of LR and Shasta County – Thank you

Class of 2007



Stephen Martinez is the manager of the Northern CA Local Office Operations for PG&E. Married to Pat for 22 years and has 3 children- Kevin, Mitchell, & Alicia
Life Quote: Leave things better than they were when you got there



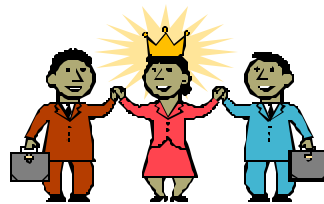
H.R. "Skip" Tyler is the CEO/President and Founder of Triple "R" Boys Ranch Inc. Happily married with 4 children -Summer 29, Tawny 25, Rick 22, BriAnna' 20.
Life Quote: The true sign of character and integrity is not what you do in public, but rather what you do when no one is present.



Julie Turner is a Business Development Officer for Redding Bank of Commerce. She has been married to David for 13 years and has 2 children – Kyle and Nicole.
Life Quote: Life's short...Eat Dessert First – This makes me stop, smile and think – life is indeed short and we should spend our days enjoying what God has given us.

Alumni Newsbytes

In Beijing, China on December 1, 2006, "A Christmas Carol" directed by Chris Verrill, graduate of LR Class of 1998. The play opened at the new theatre at Beijing City International School. Chris put the skills that he learned at Riverfront Playhouse to use and also relayed Dicken's message that charity is more important than money to the Beijing stage



On December 3, 2006, Cheri Beck, Graduate – Class of 1999, was awarded the Redding Republican Woman of the Year – 2006. The award was presented at the Annual RRWF Elegant Tea. She received a dozen red roses presented by Assemblyman Doug LaMalfa and an engraved nametag presented by last year's winner, Dr. Margaret Dominici.

Want to Share:

The Publication Committee wants to hear newsworthy information about current and former class members. Please send your news to the Committee Chair – Mary Boisselle at mboisselle@vestra.com



Note from Publication Committee

The newsletter needs a name, so in the next newsletter watch for the details of the contest to be held to name our new monthly newsletter. We are looking for ideas – what would you like to see in the LR Newsletter. Please email Mary Boisselle at mboisselle@vestra.com or hmary@shasta.com with your ideas. The newsletter will be distributed via email and will be located on the LR Website in the near future – look for it. To ensure that you continue to receive the newsletter, please update your information on the LR website.

